

Worcestershire Amateur Athletics Association**Worcestershire County Cross Country Championships 2014****Date** - Saturday 4th January 2014**Location** – Manor Abbey Stadium, Halesowen[Map with Parking Locations](#)**Changing** – Manor Abbey Stadium**Hosts** – Halesowen A & CC**Timetable**

age at 31st August 2013 for all except junior men/ladies
athletes aged 11 on the day of competition may compete in the u13 age group

11:45	Under 13 Girls	3.0K
12:05	Under 13 Boys	3.0 k
12:35	Under 15 Girls	4.0 k
12:50	Under 15 Boys	4.0 k
13:15	U17/U20 Ladies	5.0 k
13:40	U17/U20 Men	6.0 k
14:15	Senior/Master Women	6.0 k
14:45	Senior/Master Men	10.0 k

All distances are approximate.

[Course Map](#)

Age Groups: As defined in UKA rules on Cross Country-rule 507 apart from Masters who need to be over 40 on the day of competition.

Eligibility: UKA Rule 9 and 4(1)

1. By birth in the County
2. By 9 months continuous residence in the County prior to competition
3. By 9 months service in a unit of HM Forces stationed in the County

Worcestershire is defined by the pre 1974 boundary and includes parts of Birmingham

Rules: Only first claim athletes can score in team competition

Only Clubs affiliated to Worcestershire County are eligible for team awards

Any number of eligible athletes can enter

Official Club colours must be worn

UKA Rules 16 (advertising), 17 (clothing) and 18(1) (numbers) apply

Awards: Presentations on the course as soon as possible after each event

Awards within own age group apart from the senior team awards where masters athletes will count in the scoring team

If equal team scores the first team to close will be declared the winner

Entry Fee: Masters/Seniors £5.00

All other age groups £4.00

Cheques payable to Worcestershire County AAA

Entries to: Cross Country Championship, 90 Gower Road, Halesowen, B62 9BT

0121 422 3156

Team managers please include a 9x6 stamped addressed envelope for confirmation of entry and directions. Please do not staple cheques together

Closing Date: WEDNESDAY 18TH DECEMBER 2013.

Late entries £2.00 extra.

These Championships are the main criteria for selection for the Inter Counties Cross Country Championships.

Selection for each age group will be determined by the first four eligible athletes to finish. The remainder of the team will be selected by the team managers.

[Entry Form](#)

Worcestershire Amateur Athletics Association

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